# KS1 SRE Parent Workshop

#### Aims of the session

- ► To introduce the Jigsaw Scheme of work
- ► Give an outline of the 'Changing Me' unit of work
- Share the resources to be used with the children in class
- Explain your right to withdraw your child

#### **PSHE**

At Hagley Primary School we value the importance of our children's Personal, Social, Health and Economic Education (PSHE). We aim to support each child's Spiritual, Moral, Social and Cultural development (SMSC) throughout the teaching of our curriculum. Within the rapidly changing world in which we live, it is vital that these areas are explored in a safe and supportive environment.

# Jigsaw PSHE

Being Me in My World

**Celebrating Difference** 

**Dreams and Goals** 

**Healthy Me** 

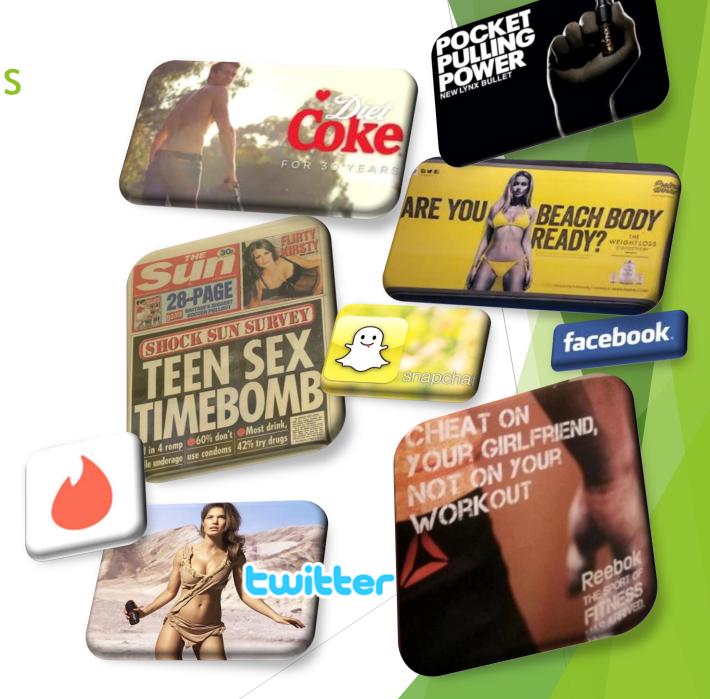
Relationships

**Changing Me** 



# Today's considerations

- The internet
- Television
- Social media
- Other media
- Friends
- Family
- School



# Age ranges activity

From staff meeting- age cards

SRE in	the J	igsaw	<b>PSHE</b>	scheme

FS	Growing Up	How we have changed since we were babies			
Y1	My changing body	Understanding that growing and changing is natural and happens to everybody at different rates			
	Boys' and girls' boo	different and using the correct names for them			
Y2	The changing me	Where am I on the journey from young to old, and what changes can I be proud of?			
	Boys and girls	Differences between boys and girls - how do we feel about them? Which parts of me are private?			

# Science and PSHE - what's the difference?

#### Science Key Stage 1

- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- notice that animals, including humans, have offspring which grow into adults

#### PSHE Key Stage 1

- The names for the main parts of the body (including external genitalia) the similarities and difference between boys and girls
- how to maintain physical, mental and emotional health and well-being
- how to manage risks to physical and emotional health and well-being
- ways of keeping physically and emotionally safe
- about managing change, such as puberty, transition and loss
- how to make informed choices about health and well-being and to recognise sources of help with this

#### Year 1

- Introducing life cycles and being able to explain how they have changed since they were a baby.
- Being able to identify the differences between girls' and boys' bodies and use the correct names: penis, testicles and vagina.
- Respecting their body and knowing which parts are private.
- Understanding that changes happen as we grow and this is OK and sometimes they can happen when we don't want them to.

#### Year 2

- Understanding the natural progress of growing from young to old and that is isn't in our control.
- Recognising how my body has changed since I was a baby.
- Recognise the physical differences between being a boy and a girl and use the correct names: penis, testicles and vagina.
- ► I understand that there are different types of touch (e.g. hugging, kicking) and I am confident to say what I don't like and who I can talk to if I need to.
- ▶ Looking forward to the year ahead and transition to Key Stage 2.













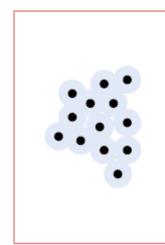






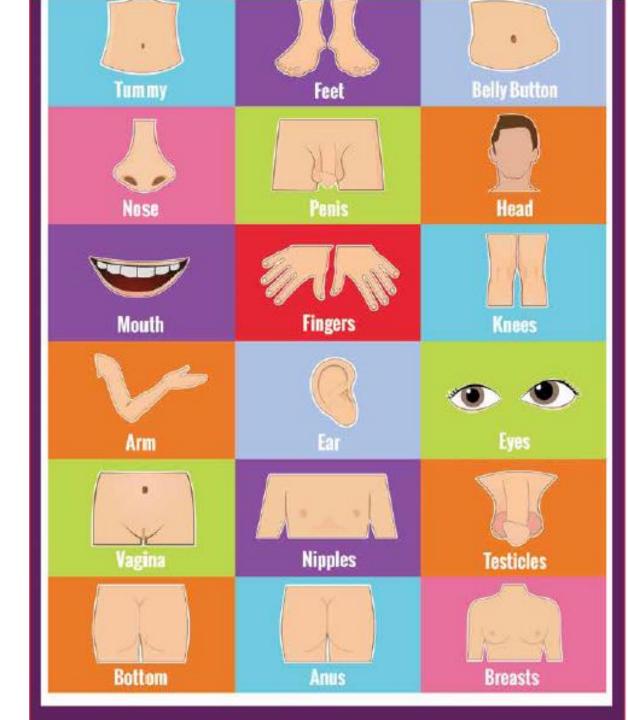












## Your right to withdraw

- You are able to withdraw your child from lessons relating to sex and relationships, however they will still be taught the science curriculum.
- We ask that if you choose to withdraw your child, this is put in writing and handed to your child's class teacher.
- We would also like to remind you that our PSHE curriculum builds on previous knowledge and gradually introduces these concepts at an age appropriate level.
- Naturally, children tend to talk about what they have learnt. If your child is removed from the lessons, this might potentially mean that they hear information second hand which could confuse or mislead them.

# Thank you for your time and support.

Further information can be found on the website under PSHE and SR Education.

